

## **Prime times – Intimate care, Nappy changing and Toilet Training**

Prime times of the day make the best of routine opportunities to promote 'tuning-in' to the child emotionally and to create opportunities for learning **while attending Muddy Boots**. Children's privacy is maintained during nappy changing and toileting, whilst balanced with safeguarding considerations. Nappy changing times are key times in the day for being close and promoting security as well as for communication, exploration, and learning.

### **Nappy changing records.**

- Staff record when they changed the child, and whether they were wet, soiled or dry.

### **Young children, intimate care, and toileting**

- Wherever possible, key persons undertake changing young children
- Young children from two years may be put into 'pull ups' as soon as they are comfortable with this and if parents/carers agree.
- Changing areas are warm, appropriately sited and there are safe areas to lay young children if they need to have their bottoms cleaned.
- If children refuse to lie down for nappy change, they can be changed whilst standing up, providing it is still possible to clean them effectively.
- Each young child has his/her own their nappies/pull ups and changing wipes provided by parents/carers
- Key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet/potty; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing and avoid pulling faces and making negative comment about the nappy contents.
- Wipes or cotton wool and water are used to clean the child. Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children use the toilet when needed and are encouraged to be independent.
- Members of staffs do not wipe older children's bottoms unless there is a need, or unless the child has asked.
- Key persons are responsible for changing where possible. However all staff check the Nappy Change record so that no child is inadvertently overlooked and that all children's needs continue to be met.

- Parents/carers are encouraged to provide enough changes of clothes for 'accidents when children are potty training.
- If young children are left in wet or soiled nappies/pull-ups in the setting, this may constitute neglect and will be a disciplinary matter.
- If a child is toilet training, and has accidents, staff will remove wet/soiled clothing and clean child appropriately. If soiled Staff will make best attempt at removing faeces from pants, into the toilet. When child begins toilet training Staff speak to parents to see if they wish to have soiled clothing returned if very messy or whether staff make judgement call on disposing of pants.